

Rite to Freedom Ltd

Rite to Freedom Ltd
Registered Charity Number 1141288

Company Number 7143510

Trustees' Report and Financial Statements

For the year ended 28 February 2023

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Rite to Freedom Ltd

Legal and Administrative Information

(The information below forms part of the Trustees' Report)

Status	Rite to Freedom Ltd is a charity registered with the Charities Commission of England and Wales
Trustees	Christopher Lomas Lynsey Tiplady Jenny Salmon (resigned 19 September 2022) Virginia Compton (appointed 19 September 2022)
Creative Director and Programme Lead	Caspar Walsh
Charity number	1141288
Company number	7143510
Registered office and principal address	Wessex House Teign Road Newton Abbot Devon TQ12 4AA
Web address	www.Ritetofreedom.org.uk
Accountant	MAP Accountants 2 Bridge Farm Offices Harberton Totnes TQ9 7PP
Bankers	The Co-operative Bank PO Box 250 Skelmersdale WN8 6WT

Trustees' Report

The trustees present their report and financial statements for the year ended 28 February 2023.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Memorandum & Articles of Association, the Companies Act 2006 and the Statement of Recommended Practice for charities applying FRS 102.

Structure, governance and management

Rite to Freedom Ltd is a company limited by guarantee governed by its Memorandum and Articles of Association and was incorporated on 2 February 2010. It became registered as a charity with the Charity Commission on 11 April 2011. The liability of the Members is limited. In the event of the Company being wound up every Member of the Company undertakes to contribute such amount as may be required (not exceeding £10) to the Company's assets.

The Board of Trustees

The trustees, who are also the directors for the purposes of company law, and served during the year, were:

Christopher Lomas
Lynsey Tiplady
Jenny Salmon (resigned 19 September 2022)
Virginia Compton (appointed 19 September 2022)

Appointment of Trustees

Trustees can be appointed at any general meeting, provided the conditions outlined in the charity's governing document are met.

Trustee induction and training

New trustees are given a copy of the Memorandum and Articles of Association, and the latest accounts and are explained their role by a current member of the board. Continuing trustees are advised of updates as they arise.

Organisational structure

The charity is governed by the board of trustees, with operations and projects led by the creative director and project & development co-ordinator.

Public Benefit

The trustees, in their meetings, have referred to the Charity Commission's guidance on Public Benefit in making their decisions. Rite to Freedom Ltd exists in order to positively impact on the lives of under-privileged and socially excluded people through offering nature connection, personal development and creativity courses. Programmes are offered free of charge to participants, and priority is always given to socially excluded groups. In 2022 to 2023, approximately 35 people directly benefited from the core programmes, with 21 new participants and over 100 other people joining other events. This creates far ranging knock-on effects due to an increase in mental wellbeing and decrease in addictive behaviours. This year we have completed a research evaluation project looking at the ripple effect of our work on the lives of those connected to our community – including family, friends, colleagues.

Risk management

The Trustees assess the risk to which Rite to Freedom Ltd is exposed on a continuous basis. This includes the on-going monitoring of core reserves (see the reserves policy below).

Aims and activities

Our vision is of a society where people's actions (for example crime, substance abuse) are understood as being an expression of dysfunctional families, communities and societies when healthy means of expression have not been modelled or available. Rite to Freedom Ltd believes that all human beings should have equal access to supportive

communities; to learning healthy ways of expressing and untangling confusing pasts and behaviours; to accessing natural environments; and to exciting, creative and inspirational experiences.

Our aims:

- To promote values of respect, equality, authenticity and trust, and create spaces where healthy communication and sharing can occur.
- To increase access to, and deepen people's connection with, natural environments
- To promote meaningful self-expression through the creative process, including but not exclusive to: the written and spoken word, film, photography, music, arts and crafts
- To provide positive, authentic role models
- To offer contemporary 'rites of passage'
- To demonstrate the use of story and narrative as a means of transformation
- To support and guide the increase of participants' self-awareness, self-belief and self-compassion
- To build stronger communities through inter-generational sharing and mentoring
- To shift attitudes away from 'labels' and towards 'stories'
- To prioritise engaging with people who are socially excluded, marginalised and would otherwise be unlikely to access similar interventions.

Our activities

Rite to Freedom Ltd (R2F) offers life changing residential courses and other events for adults in addiction recovery. This is recovery in the widest sense and in mixed gender groups.

Our events combine creativity, nature connection, mindfulness, storytelling and creativity, one to one support, supervision and meditation. On our flagship Dartmoor, New Tribes Residentials each participant is invited into a space of 'timelessness', with no connection to technology, and without knowing what is happening next. This allows a level of fluidity, a building of trust, and 'letting go' of the usual constraints of daily life. A sense of seamlessness occurs as each activity is choreographed to carefully build upon the last, weaving in myth, mystery with the wild landscapes acting as a mirror to internal process and healing. Key to the building of trust is all of the staff and volunteers have direct life experience of addiction. Engaged, experienced and appropriate participants are invited back as volunteer staff on the New Tribe Residentials, providing work experience and a profound continuation of their personal development and healing. Our Creative Pathways programme supports this work to go deeper for those who are in longer term recovery, and serves as a follow-on programme for those who have already been through our New Tribes Residential.

Initiated in the COVID-19 pandemic, we continue to supplement our residential programmes with a series of online retreats and wider events. Our programme is now mostly in person retreats and events plus other regular online meetings.

Achievements and performance

"Nothing short of a miracle. Deeply grateful for the experience and help. I'm looking forward to the future." – Krystina, New Tribes, September 2022

In the past year we have continued to offer our range of connected and creative support to the recovery community in Devon and beyond. We continue to work with those in established recovery for our main programmes, asking for an abstinence of a minimum of six months from addictive behaviour or chemical. We find from 6 months participants are more receptive to the work we offer; after what is often the chaos of early recovery. We welcomed 16 new participants to our community through our Devon residential programmes, many of these engaging further with other programmes and events.

In 2022 we ran two New Tribes Residentials at Heathercombe on Dartmoor in July and September, both running at full capacity with waiting lists. We also ran one New Tribes Residential in Ireland in October. We extended our staff training programme with two full training weekends which served to build confidence and deepen the healing work for participants who had previously been through our residential programme.

We ran our first Creative Pathways to Healing and Meaning residential programme in 2022 with our second one planned for May 2023. Our Recovery Conversations include an impressive array of speakers and are being prepared as

a programme of podcasts accessible through a membership scheme. Our Home Turf Days, where members of our community have the opportunity to step up and share their local area with a group of others, continue. Our Multi-Addictions Meetings run online every two weeks and are open to the whole recovery community and attract both regular participants and as an entry point into the work that we offer for people who haven't joined an event before.

New Pathways standalone days, residential and ongoing support

A new programme consolidating our ongoing work with partner organisations. This is an adaptive, bespoke programme for those with 1 month abstinence or more. Delivered by senior, lived experience R2F facilitators and trainee facilitators.

In the summer of 2022 we launched our online shop selling a range of merchandise based on the Creative Pathways archetype illustrations – printing onto cards, t-shirts and posters. In November we published our first book, Creative Pathways – a journey through four archetypes, which has had an incredible reception. This is a beautiful introduction to the Lover Creator, the Warrior Protector, the Magician Healer and the Sovereign Overseer archetypes as an internal compass for navigating our own personal journeys. It includes inspirational poetry by Caspar Walsh, and stunning original images conceived and designed by Caspar Walsh and brought vividly to life by Philip Harris.

“It’s beautiful! It really took me on a journey, beyond the mind. The images, and in particular, the poetry, offer gateways to realms beyond the intellect - realms of imagination, feeling, intuition and inspiration. The writing of the meanings/interpretations is concise and specific, and helpful to guide the way or answer questions.

— Jackie Juno - writer, performer, tarot consultant and workshop facilitator

Since March 2022 we have run a regular Multi-Addictions Recovery Meeting every two weeks. This is designed to support the whole of the addiction recovery community, including all chemical and behavioural addictions. Members of the community hold the meetings and we invite guest speakers to share on specific recovery/life/seasonal related themes. The rotation of these positions gives our volunteers opportunities to become more involved, build confidence and enhance their skills.

We have continued developing and running our series of Recovery Conversations - regular public online talks and discussions with experts in nature connection, mindfulness and creativity. These talks have been open to anybody interested in our work, serving as a way to increase the awareness of our offerings and providing an introductory experience for people considering signing up to a retreat or event. These Recovery Conversations have also reached the demographic of people who have not yet met our clean time criteria. In October 2022 we decided to turn this offering into a podcast series rather than open public events to allow us to reach a wider audience that is less event and time specific. We are currently building our library of podcasts which will allow people to have access to the recordings in their own time. We have continued to attract an extremely high calibre of speakers with recent podcast recordings featuring renowned mythologist Michael Meade, Dartmoor poet Tom Hirons, photographer Chris Chapman, and Bristol based performer Malaika Kegode.

In the last year we have run two weekend staff facilitation training events and several stand-alone days. We've developed a large pool of people who have been through our New Tribes programme over recent years with a lot of energy to stay involved who want to deepen their own journey of recovery and support our ongoing work with new participants. It has been important to us to continue to offer training opportunities to our volunteer staff team, providing opportunities for those who wish to step further into a position of leadership. This expands our team of experienced facilitators with lived experience of recovery committed to deepening their own journeys. In 2022, 16 of our community members joined our staff training events.

“Again, I’m blown away! Connecting with everyone and myself, feeling relaxed and calm, truly at peace, when I’m here on the moors. Rite to Freedom is awesome, a community and a family. Big love.” – Dave, Staff Training Weekend, April 2022

Our Family and Friends Programme is a new addition to our programme, responding to a clear need in the wider community amongst those that support their loved ones in active addiction and in recovery. We have become increasingly aware of a significant lack of provision in this area. This includes many members of our current community and is a development that has been very much supported by our newest trustee, Virginia Compton, herself having supported a partner in recovery over many years. We are developing this slowly with a series of in person days and online calls offered since September 2022.

Our regular 'Home Turf Days' offer ongoing opportunities for connection to those who have been through our residential programmes. Members of our community are invited to welcome others to a beautiful spot local to them to deepen into nature connection and share our ongoing journeys with each other.

Our Community Council continues to support the charity's vision, ethos, aims and objectives. This is made up of individuals in recovery who have been involved with R2F for 2 years or more. The Community Council aims to include an open dialogue and 'bridge' with the board of trustees to support decision making and any new project development. The development of the Community Council is in ongoing discussion with all parties.

Financial review

The charity is primarily funded by grants and donations. The total income for the year was £75,111 (2022 - £78,011). Of this amount, £62,282 was from grants (2022 - £75,546), and £5,199 (2022 - £1,965) was from donations. There was also £7,630 of other income received during the year from projects, course fees and sale of merchandise (2022 - £500).

The majority of the grant funding has come from the National Lottery, this year totalling £36,167 (2022 - £65,546). A grant was also received from Devon Community Foundation amounting to £21,115 (2022 - £0) and an additional grant of £5,000 has been received from an anonymous funder (2022 - £10,000) specifically to run residential programmes in Ireland.

Total expenditure for the year was £94,089 (2022 - £66,795) as the charity continues to deliver its core activities.

Overall reserves amounted to £37,409 (2022 - £56,387) at the yearend as the charity continues to deliver on its objectives.

The National Lottery Community Fund grant will ensure that the charity can continue its activities with secure funding in place for one more year.

Reserves Policy

The board of trustees continually reviews the reserves of the charity. Assets must be sufficient to enable the charity to operate effectively. The charity used a number of restricted funds during the year; the purpose of these funds is detailed in the notes to the financial statements.

The charity aims to hold £15,000 in unrestricted reserves at all times. At the yearend unrestricted reserves had increased to £14,676 (2022 - £4,453). The trustees are looking to maintain these reserve levels in order to ensure that the charity is able to meet all of its legal obligations should funding be withdrawn.

Plans for Future Periods

With our current National Lottery Reaching Communities Grant coming to an end this year, we are entering a new round of funding applications to continue our current programmes and to adapt and extend them where they are most needed and wanted. This includes developing our Family and Friends programme and spreading our work outside of Devon. The National Lottery grant has provided us with a stable base of support over the last 3 years that has allowed us to consolidate and strengthen the work that we offer the world.

We are developing an extension of our Devon based programmes in Cornwall and Bristol and seeding new communities in these areas. We have started work on the ground through members of our community who live in these areas who bring their passion for recovery work and reaching out to their local communities.

We are developing a membership platform through our website as another way of diversifying our income streams. Selective creative content will be available for members who pay a monthly subscription, including full access to the wide range of Recovery Conversations that Caspar has been hosting. We will also have regular special offers on our merchandise and access to themed conversations from our Multi Addictions Meetings, amongst other content.

We will be extending and growing our range of merchandise and distribution to directly support the work of the charity and to be part of diversifying and stabilising our income streams.

Future creative projects

We are developing long-term projects to amplify and celebrate the voices of recovery throughout Devon and the southwest. This will include working with other organisations supporting recovery in the widest sense, including physical, mental and spiritual health. This will focus on a mixture of new delivery initiatives including:

- Celebrating the work co-created over the last five years at a number of venues including a Cornwall launch event at The Poly in Falmouth in September 2022. To include film screenings, Q&A and a week-long exhibition.
- Continuing partnership development with Exeter Phoenix to build on our sell out multimedia show at the Phoenix in 2022.
- A community wide photographic project highlighting and celebrating the recovery journeys of community members. To be exhibited across the southwest through live events, publication and online.
- Continue our partnership and research work with Exeter University's Psychopharmacology department.
- Through a range of creative projects, increase diversity and inclusion throughout all delivery and employment within the charity.

Approval

This report has been prepared in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities", (issued in March 2005) and in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

On behalf of the board of trustees


Virginia Compton

Dated *9th* *October* 2023

Rite to Freedom Ltd

Independent Examiner's Report

for the Year Ended 28 February 2023

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

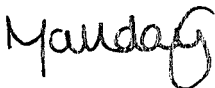
- Examine the accounts under section 145 of the Charities Act,
- follow procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements to keep accounting records in accordance with section 130 of the Charities Act or to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met.



MAP Accountants and Business Advisors
2 Bridge Farm Offices
Harberton
Totnes
Devon
TQ9 7PP

RITE TO FREEDOM LTD
STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 28 February 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Incoming resources					
Incoming resources from generated funds					
Voluntary income:					
Donations & grants	4	5,199	62,282	67,481	77,511
Incoming resources from charitable activities	6	7,630	-	7,630	500
Total incoming resources		<u>12,829</u>	<u>62,282</u>	<u>75,111</u>	<u>78,011</u>
Resources expended					
Charitable activities	7	3,807	90,282	94,089	66,795
Costs of generating funds	7	-	-	-	-
Total resources expended		<u>3,807</u>	<u>90,282</u>	<u>94,089</u>	<u>66,795</u>
Net incoming/(outgoing) resources before transfers		9,022	(28,000)	(18,978)	11,216
Gross transfers between funds		1,201	(1,201)	-	-
Net income/(expenditure) for the year		<u>10,223</u>	<u>(29,201)</u>	<u>(18,978)</u>	<u>11,216</u>
Net movement in funds					
Fund balances at 1 March 2022		4,453	51,934	56,387	45,171
Fund balances at 28 February 2023		<u>14,676</u>	<u>22,733</u>	<u>37,409</u>	<u>56,387</u>

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006

RITE TO FREEDOM LTD
STATEMENT OF FINANCIAL POSITION
as at 28 February 2023

	Notes	2023 £	2022 £
Fixed Assets			
Tangible Assets	10	2,195	1,440
Current assets			
Debtors	11	497	-
Cash at bank and in hand		36,803	56,575
		<u>37,300</u>	<u>56,575</u>
Creditors: amounts falling due within one year	12	(2,086)	(1,628)
Net current assets/(liabilities)		<u>35,214</u>	<u>54,947</u>
Net assets		<u>37,409</u>	<u>56,387</u>
Income Funds			
Restricted funds	14	22,733	51,934
Unrestricted funds		14,676	4,453
		<u>37,409</u>	<u>56,387</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006 for the year ended 28 February 2023. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These accounts were approved by the Trustee Board on  2023 and signed on their behalf by 

Virginia Compton
Trustee
Company registration No. 7143510



RITE TO FREEDOM LTD
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 28 February 2023

1 Accounting Policies

Charity information

Rite to Freedom Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is Wessex House, Teign Road, Newton Abbot, Devon TQ12 4AA

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2019. The charity is a Public Benefit Entity as defined by FRS 102. The disclosure requirements of section 1A of FRS 102 have been applied other than where additional disclosure is required to show a true and fair view.

The accounts are prepared in sterling which is the functional currency of the charity.

The accounts have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate future funding planned in order to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the account.

1.3 Incoming resources

Items of income are recognised and included in the accounts when all of the following criteria are met:

The charity has entitlement to the funds;
any performance conditions attached to the item(s) of income have been met or are fully within the control of the charity;
there is sufficient certainty that receipt of the income is considered probable; and
the amount can be measured reliably

No amounts are included in the financial statements for services donated by volunteers.

1.4 Resources expended

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted on the accruals basis.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly; others are apportioned on an appropriate basis e.g. staff time or estimated usage.

1.5 Irrecoverable VAT

Irrecoverable VAT is included in the Statement of Financial Activities, and is reported as part of the expenditure to which it relates.

RITE TO FREEDOM LTD
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 28 February 2023

1.6 Tangible Fixed Assets and Depreciation

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures and fittings	25% Reducing balance
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1.7 Fund accounting

Funds held by the charitable company are either:

Unrestricted general funds – these funds can be used in furtherance of the charitable objectives at the discretion of the trustee board.

Restricted funds – these funds can only be used for the particular restricted purposes within the objects of the charity. Restrictions, which are legally binding, arise when specified by the donor or when funds are raised for particular restricted purposes.

The aim and use of each restricted fund is set out in the notes to the financial statements.

Transfers to or from restricted funds are only made where a legal or constructive obligation has arisen requiring a transfer to be made.

1.8 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered.

Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

1.9 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.11 Financial instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2 Legal Status of the Charity

The charitable company is limited by guarantee and does not have a share capital.

In the event of the company being wound up each member, or any person who has ceased to be a member within one year of the winding up, undertakes to contribute a sum not exceeding £10 if the company is insolvent.

RITE TO FREEDOM LTD
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 28 February 2023

3 Net income for the year	2023	2022
	£	£
Net income for the year is stated after charging:		
Depreciation	507	411
Independent examiner's fee	300	250

4 Donations & grants	2023	2022
	Total	Total
	£	£
Donations	5,199	1,965
	5,199	1,965
National Lottery Community Fund	-	36,167
Devon Community Foundation	-	21,115
Anonymous Funder	-	5,000
	-	62,282
	62,282	75,546
Total Donations & Grants	5,199	67,481
	62,282	77,511

5 Taxation

The company is a registered charity and is therefore not liable to corporation tax on its charitable income.

6 Incoming resources from Charitable activities

	2023	2022
	Total	Total
	£	£
Project Income	2,517	500
Course Fees	3,588	-
Sale of Merchandise	1,525	-
	7,630	500

RITE TO FREEDOM LTD
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 28 February 2023

7 Total resources expended

	Unrestricted £	Restricted £	2023 Total £	2022 Total £
Charitable activities				
Activities undertaken directly	1,950	77,452	79,402	52,282
Support Costs	1,857	12,830	14,687	14,513
Total	3,807	90,282	94,089	66,795

8 Resources expended

	Unrestricted £	Restricted £	2023 Total £	2022 Total £
Activities undertaken directly				
Staff Salaries	805	37,398	38,203	26,782
Staff Salaries for facilitation and mentoring	0	8,130	8,130	3,650
Pensions	0	1,522	1,522	529
Professional fees	366	3,191	3,557	732
Facilitation and mentoring fees	0	4,762	4,762	3,909
Project Delivery	0	0	0	1,182
Venue hire	85	7,354	7,439	1,216
Project costs	11	6,038	6,049	7,262
Staff training	0	1,245	1,245	1,141
Travel	212	3,084	3,296	977
Promotion	471	3,332	3,803	4,102
Insurance	0	1,396	1,396	800
	1,950	77,452	79,402	52,282
Support Costs				
Administrative staff salaries	-	10,752	10,752	11,835
Office costs	233	1,409	1,642	1,340
Repairs & Computer Support	190	669	859	322
Sundry expenses	71	-	71	13
Payment fees	155	-	155	42
Accountancy	400	-	400	275
Governance cost - Independent Examiners Fee	300	-	300	250
Equipment depreciation	508	-	508	436
	1,857	12,830	14,687	14,513

Of the resources expended for 2022, £2,524 were unrestricted and £64,271 were restricted

RITE TO FREEDOM LTD
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 28 February 2023

9 Tangible fixed assets	Fixtures, fittings, and equipment £	
Cost		
At 1 March 2022		2,942
Additions in year		<u>1,263</u>
At 28 February 2023		<u>4,205</u>
Depreciation		
At 1 March 2022		1,502
Charge for year		<u>508</u>
At 28 February 2023		<u>2,010</u>
Net book value		
At 28 February 2023		<u><u>2,195</u></u>
At 28 February 2022		<u><u>1,440</u></u>
10 Debtors	2023	2022
	£	£
Prepayments	497	-
	<u>497</u>	<u>-</u>
11 Creditors: amounts falling due within one year	2023	2022
	£	£
Trade Creditors	999	543
Taxation and social security	1,087	675
	<u>2,086</u>	<u>1,218</u>
12 Trustees and employees		
Number of employees		
There were 3 employees during the year (2022 - 3)		
Employee emoluments	2023	2022
	£	£
Salaries	57,085	42,267
Other pension Costs	<u>1,522</u>	<u>529</u>
	<u>58,607</u>	<u>42,796</u>

The charity provides employees the opportunity to participate in a defined contribution scheme and contributes 3% of participants' salaries.

Trustees remuneration and reimbursement

Chris Lomas, trustee, received remuneration for facilitation during the year amounting to £450 (2022 – £ 0). This was at market value.

RITE TO FREEDOM LTD
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 28 February 2023

13 Analysis of assets between funds

	Fixed assets £	Net current assets £	Total £
Unrestricted funds			
General	2,195	12,481	14,676
Restricted funds	-	22,733	22,733
As at 28 February 2023	<u>2,195</u>	<u>35,214</u>	<u>37,409</u>

14 Summary of movement in funds

The restricted income funds of the charity arising through its activities are as follows:

Fund name (Funder)	Restricted purpose of funding
National Lottery Community Fund Organisational Development	A grant towards organisational development of the charity
National Lottery Community Fund	A grant to support the charity's ongoing programme delivery and development
Exeter University	A grant for research
Devon Communities Together	A grant to run a winter support programme for those isolated due to Covid 19
Anonymous Funder	A grant to run a residential programme in Ireland in 2023

15 The movements of funds for the year ended 28 February 2023 were as follows:

	Opening balance £	Incoming resources £	Outgoing resources £	Transfers £	Closing Balance £
Restricted funds					
National Lottery Community Fund Organisational Development	6,179	-	600	-	5,579
National Lottery Community Fund	47,422	36,168	71,962	-	11,628
Exeter University	456	0	456	-	0
Devon Communities Together	(11,334)	21,115	8,580	(1,201)	0
Anonymous Funder	9,211	5,000	8,685	-	5,526
	<u>51,934</u>	<u>62,283</u>	<u>90,283</u>	<u>(1,201)</u>	<u>22,733</u>
Unrestricted funds					
General	4,453	12,829	3,807	1,201	14,676

Sufficient resources are held for each restricted fund in an appropriate form to enable funds to be applied in accordance with the restrictions.

A transfer of funds was made from restricted funds to unrestricted funds in respect of purchase of equipment carried out in accordance with the terms of grant agreements for fixed assets for unrestricted use.

16 Control

The charitable company has no single controlling party.

