Write to Freedom Registered Charity Number 1141288

Company Number 7143510

Trustees' Report and Financial Statements

For the year ended 29 February 2020

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Legal and Administrative Information

(The information below forms part of the Trustees' Report)

Status Write to Freedom is a charity registered with the Charities Commission of

England and Wales

Trustees Christopher Lomas

James Wood Lynsey Tiplady

Jenny Salmon (appointed 25 May 2019)

Charity number 1141288

Company number 7143510

Registered office and

Meadow Barn principal address Dodbrooke Farm

Michelcombe Dartmoor Devon **TQ13 7SP**

Web address www.writetofreedom.org.uk

Accountant **MAP Accountants**

2 Bridge Farm Offices

Harberton **Totnes TQ9 7PP**

Bankers The Co-operative Bank

PO Box 250 Skelmersdale WN8 6WT

Trustees' Report

The trustees present their report and financial statements for the year ended 29 February 2020.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Memorandum & Articles of Association, the Companies Act 2006 and the Statement of Recommended Practice for charities applying FRS 102.

Structure, governance and management

Write to Freedom is a company limited by guarantee governed by its Memorandum and Articles of Association and was incorporated on 2 February 2010. It became registered as a charity with the Charity Commission on 11 April 2011. The liability of the Members is limited. In the event of the Company being wound up every Member of the Company undertakes to contribute such amount as may be required (not exceeding £10) to the Company's assets.

The Board of Trustees

The trustees, who are also the directors for the purposes of company law, and served during the year, were:

Christopher Lomas

James Wood

Lynsey Tiplady

Jenny Salmon (appointed 25 May 2019)

Appointment of Trustees

Trustees can be appointed at any general meeting, provided the conditions outlined in the charity's governing document are met.

Trustee induction and training

New trustees are given a copy of the Memorandum and Articles of Association, and the latest accounts and are explained their role by a current member of the board. Continuing trustees are advised of updates as they arise.

Organisational structure

The charity is governed by the board of trustees, with operations and projects led by the creative director and project & development co-ordinator.

Public Benefit

The trustees, in their meetings, have referred to the Charity Commission's guidance on Public Benefit in making their decisions. Write to Freedom exists in order to positively impact on the lives of under-privileged and socially excluded people through offering nature connection, personal development and creative-writing courses. Programmes are offered free of charge to participants, and priority is always given to socially excluded groups. In 2019 to 2020, approximately 45 people directly benefited from the programmes, with far ranging knock-on effects due to an increase in mental wellbeing, and decrease in addictive behaviours. We are currently setting up a long term research project to look at the ripple effect of our work on the lives of those connected to our community – including family, friends, colleagues.

Risk management

The Trustees assess the risk to which Write to Freedom is exposed on a continuous basis. This includes the on-going monitoring of core reserves (see the reserves policy below).

Aims and activities

Our vision is of a society where people's actions (for example crime, substance abuse) are understood as being an expression of dysfunctional families, communities and societies when healthy means of expression have not been modelled or available. Write to Freedom believes that all human beings should have equal access to supportive communities; to learning healthy ways of expressing and untangling confusing pasts and behaviours; to accessing natural environments; and to exciting, creative and inspirational experiences.

Our aims:

- To promote values of respect, equality, authenticity and trust, and create spaces where healthy communication and sharing can occur.
- To increase access to, and deepen people's connection with, natural environments
- To promote meaningful self-expression through the creative process, including but not exclusive to: the written and spoken word, film, photography, music, arts and crafts
- To provide positive, authentic role models
- To offer contemporary 'rites of passage'
- To demonstrate the use of story and narrative as a means of transformation
- To support and guide the increase of participants' self-awareness, self-belief and self-compassion
- To build stronger communities through inter-generational sharing and mentoring
- To shift attitudes away from 'labels' and towards 'stories'
- To prioritise engaging with people who are socially excluded, marginalised and would otherwise be unlikely to access similar interventions.

Our activities

Write to Freedom offers life changing residential courses for people in addiction recovery. This is recovery in the widest sense and includes those of 18 years of age and up in mixed gender groups.

Our courses uniquely combine a fusion of creativity, nature connection, storytelling and creative writing, one to one support, supervision and meditation. Each participant is invited into a space of 'timelessness', with no connection to technology, and without an idea of what is happening next. This allows a level of fluidity, increased sense of trust, and 'letting go' of the usual constraints of daily life. A sense of seamlessness occurs as each activity is choreographed to carefully build upon the last, continually weaving the sense of myth, mystery and the wild landscapes acting as a mirror. Key to the building of trust is that all of the staff and volunteers have direct life experience of addiction. Engaged, experienced and appropriate participants are then invited back as volunteer staff on the Residentials, providing work experience and a continuation of their personal development.

For those that have attended a Residential, we hold ongoing support with monthly Mentoring Days on Dartmoor, to continue the sense of community, support and connection to wild nature and also regular online group calls for those who want extra connection, those who find it challenging to join us on the Mentoring Days and those beyond the Devon borders.

Experience Days are a regular day on Dartmoor where the 'Tribe' of previous Residential participants run a day for anyone who wants to experience what we offer. This includes those who are interested in attending one of the Residential courses, family members, friends, business partners, funders, service providers etc.

Achievements and performance

Our Residentials continue to offer life changing experiences for all participants. Of each 10 new participants 4 continue to engage with the community regularly. This is an approximate 40% uptake from each residential. We are experiencing ongoing waiting lists for new participants and are oversubscribed for all volunteer staff applications from previous participants. The Residentials now offer 8 places per course and up to 6 places for new volunteer staff. In 2019-20 we had 17 new participants come through our programmes.

We are experiencing a wider range in the number of years of clean time engaging. From an initial 3 months to 2 years as an average in 2016, the range of clean time in our participants is now between 3 months and 30 years. We are also attracting a wider range of addiction recovery including love, food, sex and work.

Three of our longest term participants, Ali, Peter and Melissa continue on their leader track development with regular supervision, training and opportunities to hold and organise Mentoring Days as well as supporting our leadership positions on the Residentials. Ali is now holding the nature connection lead on Residentials (as trainee leader) under the supervision of Caspar our creative director. It was always the intention for the existing leaders to allow new leaders to emerge and take their place. Ali is the first of these new leaders. As a result, the nature connection facilitators (NCF) we have worked with over the last ten years and who have provided a huge amount of support and training, are now on standby, allowing Ali to step up and continue to learn and grow in her role. Each of

the professional NCF's are on call to support Ali in an unofficial mentoring role. Ali, Melissa and Peter are now helping identify new trainee leaders and the areas they may want to lead in.

After a lengthy application process in December we were awarded £211,637 from The National Lottery Community Fund for a 3 year 'Power of Community' project beginning on 2nd March 2020. Additional to the £196,637 that we applied for, we were granted an extra £15,000 for organisational development work, to be spent in the first year of the grant. This funding will support delivery of all our programmes, deepen our work and develop a sustainable future to support long term addiction and trauma recovery throughout Devon and the UK.

This funding is in part to develop our 'Recovery Tribes' residential courses for new participants across the region, while also to build our new creative and therapeutic 'Creative Pathways to Healing and Meaning' programmes. This will specifically work with developing personal skills and passions as pathways to volunteering, employment and long-term recovery for our current community of participants.

Led by service user feedback our Creative Pathways programme will work in partnership with Exeter University and industry professionals. This integrated approach provides the continuity to support full recovery for our participants.

The pilot project of this new programme saw the production of a short film, We Seek the Teeth, completed in September 2019. The film focuses on our long term participant and lead nature connection facilitator, Ali and involved three members of the Write to Freedom community in the production crew. The film won second place in the Recovery Street Film Festival in the UK. It has been accepted into the Recovery Voices Festival in Michigan USA, and has been entered into a further three international film festivals.

"Being involved in the film was adding another layer of healing and shedding a layer of hurt. I had to explore how it felt to make myself vulnerable and to trust — trust myself, the creative process, the end result. I began to learn to trust again on my W2F residential in 2016. My tribe has never let me down. I thank all involved for the passion and tenderness in making this beautiful film of hope and healing." — Ali, subject of 'We Seek the Teeth', film Participant 2016, and Trainee Leader

We have begun shooting our latest short film with several other W2F participants. This is another collaborative project working with members of the community both in front of and behind the camera. These productions are proving to be an increasingly valuable tool for building self esteem, self awareness and strengthening community cohesion and pride as a whole.

In March 2019 we received a £500 grant from the Norman Family Trust to support one residential, and in July 2019 we received a grant of £4990 from the Devon Community Foundation to support our residential work. Grateful thanks to both for this support.

Caspar Walsh presented a range of workshops and talks through the summer including 'Through Safety we Find Healing – Addiction Recovery and the Creative Arts' at the Educating Creatively Conference at the Storyhouse Centre in Chester, 'The Extinction of Addiction, the Evolution of Self' workshop at Buddhafield Festival and 'Write to Freedom: Addiction, PTSD and the healing paths of myth, wild nature and rebuilding the 'village' ' at the Creative Bridges International Conference in Bristol.

The wider Tribe has continued to step forward with fundraising initiatives and our donation based approach to Residentials and monthly Mentoring Days generated over £1800 in this financial year.

We continue to employ a trauma informed psychotherapist during our Residentials and assessment process. It has proved essential to have these specialists present, to ensure a higher level of safety and support for both the staff and participants.

As a result of renewed interest and the Reaching Communities funding we are re-starting our single gender support for existing members of the W2F community. We are also creating a policy for non gender specific inclusion.

Drink Wise Age Well (DWAW) is part of Addaction and have been working with us since 2017. They commissioned us to run mentoring and mindfulness sessions with an established group (men only) called MoMENtum with a focus on recovery from sexual abuse in early life. Our work with DWAW concluded in February 2020 in line with the completion of their project funding.

We regularly update and develop our website to reflect our growth and community. It is the first stop for anyone interested in getting involved in our work. The site reflects the eco arts focus of our work and we rely on participants and staff to create content including journals, blogs, poetry and photos.

Financial review

The charity is primarily funded by grants and donations with some course and speaker fee income. In the year under review we were completing projects grant funded in the previous year. The total income for the year was £24,688 (2019 - £32,448). Of this amount, £20,490 was from grants (2019 - £28,000), £1,856 (2019 - £1,448) was from donations and the balance of £2,342 (2019 - £3,000) was from course income.

Total expenditure for the year was £30,932 (2019 - £43,718) as the charity continued to deliver its core activities. At the yearend unrestricted reserves amounted to £3,035 (2019 - £21,358). The decrease reflects the funding challenges which the charity has faced in the last year. The new grant awarded by the National Lottery Community Fund will ensure that the charity can continue its activities with secure funding in place for the next three years. The first £15,000 from this grant, for organisational development work, was received before the year end.

Reserves Policy

The board of trustees continually reviews the reserves of the charity. Assets must be sufficient to enable the charity to operate effectively. The charity used a number of restricted funds during the year; the purpose of these funds is detailed in the notes to the financial statements.

The charity aims to hold at least £8,000 in unrestricted reserve at all times. At the year end these reserves were far lower at £3,035 reflecting the difficult financial conditions in which the charity operates. The trustees are looking to rebuild these reserve levels over the next year in order to ensure that the charity is able to meet all of its legal obligations should funding be withdrawn.

Plans for Future Periods

The consolidation of our 'Recovery Tribes' programme continues, with a focus on future leaders. As we grow in engagement, we are continually improving and adapting our organisational infrastructure and systems. Our partnerships are developing and growing as specified below.

We are expanding our access to creative opportunities for staff and participants through our new Creative Pathways programme which is supported by the Reaching Communities funding we have received. This allows the exploration of long term trauma and healing through a range of creative outlets, including: writing, film, audio, photography etc. and allows those who have come through our programmes to look more closely at the root of their addiction, develop new skills, insight and opportunities through creative expression.

The W2F community in north Devon. We are continuing to focus in this area to support the running of a Residential. Currently, North Devon participants are coming to South Devon Residentials and training up as facilitators.

Celia Morgan, Professor of Psychopharmacology at Exeter University is heading up a research project to look at the interventions we offer in the field of addiction recovery. The aim is to begin our work together by putting on a Residential for her staff, then her M.A. students. We are also looking at research and development into the creative impact of our work on addiction and trauma recovery.

Approval

This report has been prepared in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities", (issued in March 2005) and in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

On behalf of the board of trustees

Christopher Lomas

Dated 25/7/2020

Independent Examiner's Report

for the Year Ended 29 February 2020

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- follow procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements to keep accounting records in accordance with section 130 of the Charities Act or to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met.



MAP Accountants and Business Advisors 2 Bridge Farm Offices Harberton Totnes Devon TQ9 7PP

3 AUGUST 2020

WRITE TO FREEDOM STATEMENT OF FINANCIAL ACTIVITIES for the year ended 29 February 2020

	Notes	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Incoming resources					
Incoming resources from generated funds Voluntary income:					
Donations & grants	4	1,856	20,490	22,346	29,448
Incoming resources from charitable activities	6	2,342	•	2,342	3,000
Total incoming resources		4,198	20,490	24,688	32,448
Resources expended					
Charitable activities	7	22,521	8,411	30,932	43,718
Costs of generating funds	7	-	5	-	
Total resources expended		22,521	8,411	30,932	43,718
Net incoming/(outgoing) resources before					
transfers		(18,323)	12,079	(6,244)	(11,270)
Gross transfers between funds		(4)		2	2
Net income/(expenditure) for the year Net movement in funds		(18,323)	12,079	(6,244)	(11,270)
Fund balances at 1 March 2019		21,358	Es.	21,358	32,628
Fund balances at 29 February 2020		3,035	12,079	15,114	21,358

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006

WRITE TO FREEDOM STATEMENT OF FINANCIAL POSITION as at 29 February 2020

Notes	£	£
		_
10	184	246
11		400
	15,104	21,417
	16,104	21,817
12	(1,174)	(705)
	14,930	21,112
	15,114	21,358
14		5
	3,035	21,358
	15,114	21,358
	11	11 1,000 15,104 16,104 12 (1,174) 14,930 15,114 14 12,079 3,035

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006 for the year ended 29 February 2020. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These accounts were approved by the Trustee Board on 15 July 2020 and signed on their behalf by

Christopher Lomas

Trustee

Company registration No. 7143510

1 Accounting Policies

Charity information

Write to Freedom is a private company limited by guarantee incorporated in England and Wales. The registered office is Meadow Barn, Dodbrooke Farm, Michelcombe, Dartmoor, Devon TQ13 7SP

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2019. The charity is a Public Benefit Entity as defined by FRS 102. The disclosure requirements of section 1A of FRS 102 have been applied other than where additional disclosure is required to show a true and fair view.

The accounts are prepared in sterling which is the functional currency of the charity.

The accounts have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate future funding planned in order to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the account.

1.3 Incoming resources

Items of income are recognised and included in the accounts when all of the following criteria are met:

The charity has entitlement to the funds;

any performance conditions attached to the item(s) of income have been met or are fully within the control of the charity;

there is sufficient certainty that receipt of the income is considered probable; and the amount can be measured reliably

No amounts are included in the financial statements for services donated by volunteers.

1.4 Resources expended

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted on the accruals basis.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly; others are apportioned on an appropriate basis e.g. staff time or estimated usage.

1.5 Irrecoverable VAT

Irrecoverable VAT is included in the Statement of Financial Activities, and is reported as part of the expenditure to which it relates.

1.6 Tangible Fixed Assets and Depreciation

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures and fittings

25% Reducing balance

1.7 Fund accounting

Funds held by the charitable company are either:

Unrestricted general funds – these funds can be used in furtherance of the charitable objectives at the discretion of the trustee board.

Restricted funds – these funds can only be used for the particular restricted purposes within the objects of the charity. Restrictions, which are legally binding, arise when specified by the donor or when funds are raised for particular restricted purposes.

The aim and use of each restricted fund is set out in the notes to the financial statements.

Transfers to or from restricted funds are only made where a legal or constructive obligation has arisen requiring a transfer to be made.

1.8 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

1.9 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.11 Financial instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2 Legal Status of the Charity

The charitable company is limited by guarantee and does not have a share capital.

In the event of the company being wound up each member, or any person who has ceased to be a member within one year of the winding up, undertakes to contribute a sum not exceeding £10 if the company is insolvent.

3	Net income for the year		2020		2019
			£		£
	Net income for the year is stated after charging:		_		
	Depreciation		62		82
	Independent examiner's fee		180		180
4	Donations & grants		- 12	2020	2019
		Unrestricted	Restricted	Total	Total
		£	£	£	£
	Donations	1,856		1,856	1,448
	274	1,856	(a)	1,856	1,448
	Frederick Mulder Foundation				40.000
		v 3		- 5	18,000
	Awards for All		, se		10,000
	Norman Family Charitable Trust	뀰	500	500	-
	Devon Community Foundation	-	4,990	4,990	1 18
	National Lottery Community Fund		15,000	15,000	
			20,490	20,490	28,000
	Total Donations & Grants	1,856	20,490	22,346	29,448

5 Taxation

The company is a registered charity and is therefore not liable to corporation tax on its charitable income.

6 Incoming resources from Charitable activities

Unrestricted £	Restricted £	2020 Total · £	2019 Total £
1,992		1,992	3,000
350	-	350	
2,342	*	2,342	3,000
	1,992 350	£ £ 1,992 - 350 -	f f f 1,992 - 1,992 - 350 - 350

7 Total resources expended

Tesources experimen	Unrestricted £	Restricted £	2020 Total £	2019 Total £
Charitable activities Activities undertaken directly Support Costs	17,210 5,311	6,755 1,656	23,965 6,967	37,754 5,964
Total	22,521	8,411	30,932	43,718

8 Resources expended	Unrestricted	Restricted	2020 Total	2019 Total
Activities undertaken directly	£	£	£	£
Staff Salaries	10,116	4,890	15,006	13,986
Staff Salaries for facilitation and mentoring	1,192		1,192	4,900
Pensions	299	-	299	460
Professional fees	288	125	413	1,660
Facilitation and mentoring fees	2,100	₹.0	2,100	4,516
Project Management		-	-	6,080
Venue hire	1,315	800	2,115	1,688
Project costs	715	940	1,655	2,048
Volunteer expenses	67	-	67	-
Staff training	25	·#:	25	600
Travel	251		251	752
Promotion	239	:=:	239	97
Insurance	603	-	603	967
	17,210	6,755	23,965	37,754
Support Costs				
Administrative work	4,361	1624	5,985	5,028
Office costs	440	32	472	356
Sundry expenses	13		13	58
Accountancy	255	nei ⁿ	255	260
Governance cost - Independent Examiners Fee	180		180	180
Equipment depreciation	62	\ -	62	82
	5,311	1,656	6,967	5,964

Of the resources expended for 2019, £33,332 were unrestricted and £10,386 were restricted

9 Tangible fixed assets

9	langible fixed assets			
				res. fittings,
			and	equipment
				£
	Cost			
	At 1 March 2019			839
	Additions in year			
	At 29 February 2020	b		839
	Dongosistian			
	Depreciation At 1 March 2019			500
	Charge for year			593
	At 29 February 2020	a v		62
	At 25 February 2020			655
	Net book value			
	At 29 February 2020			184
	At 28 February 2019			246
	7.6 25 1 65 1 daily 25 25			
10	Debtors		2020	2019
	*		£	£
	*			9
	Prepayments	A.	1,000	400
			1,000	400
11	Craditors, amounts falling due within one year		2020	2010
11	Creditors: amounts falling due within one year	(4)	2020	2019
			£	£
	Trade Creditors		534	487
	Taxation and social security		640	218
	Tanadan and Social Sociality		0.10	
			1,174	705
12	Trustees and employees			
	e)			
	Number of employees			
	There was 1 employee during the year (2019 - 1)			
	Employee emoluments		2020	2019
			£	£
	Salaries		16,346	18,362
	Other pension Costs		299	460
			16,645	18,822

The charity provides employees the opportunity to participate in a defined contribution scheme and contributes 3% of participants' salaries.

Trustees remuneration and reimbursement

None of the trustees received any remuneration or reimbursement of expenses during the year.

13 Analysis of assets between funds

	Fixed assets £	Net current assets £	Total £
Unrestricted funds			
General	184	2,851	3,035
Restricted funds		12,079	12,079
As at 29 February 2020	184	14,930	15,114

14 Summary of movement in funds

The restricted income funds of the charity arising through its activities are as follows:

Fund name (Funder)

National Lottery Community Fund Devon Community Foundation

Norman Family Charitable Trust

Restricted purpose of funding

A grant towards organisational development of the charity
A grant to fund one residential course plus regular follow on

support and staff training opportunities
A grant to support one residential course.

15 The movements of funds for the year ended 29 February 2020 were as follows:

	Opening balance	Incoming resources	Outgoing resources	Transfers	Closing Balance
Restricted funds	£	£	£	£	£
National Lottery Community Fund	· · · · · · · · · · · · · · · · · · ·	15,000	3,546		11,454
Devon Community Foundation	92	4,990	4,365	-	625
Norman Family Charitable Trust	av	500	500	22	9
		20,490	8,411	3	12,079
Unrestricted funds	· · · · · · · · · · · · · · · · · · ·			(II)	
General	21,358	4,198	22,521		3,035

Sufficient resources are held for each restricted fund in an appropriate form to enable funds to be applied in accordance with the restrictions.

16 Control

The charitable company has no single controlling party.